



## DISTRICT 16 LOCAL ALANON MEETINGS

Updated 10/14/22

This list reflects the current status of meetings in Central Michigan that have been reported during the COVID-19 pandemic. This information is also available on the Central Michigan Al-Anon Helpline at 517-484-1977. Please keep us posted of any changes, updates or corrections regarding your group via email to [alanondistrict16@gmail.com](mailto:alanondistrict16@gmail.com). Zoom dial-in # is 1 312 626 6799. Literature Orders: [centralmiafgldc@aol.com](mailto:centralmiafgldc@aol.com) or call or text Marte D. at 517-285-5211.

Day	Time	Group	Meeting Type	Other Notes
Sunday	11 am	Sunday Morning New Beginnings AFG Alano Club West 2909 W. Genesee, Lansing	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Sunday	7 pm	<b>*New Permanent Electronic Meeting Hope and Freedom Virtual AFG</b>	Permanently on Zoom Zoom ID: 768 295 479 Passcode: hope	Families and Friends Only. Newcomers Welcome.
Sunday	7 pm	Sunday Night AFG St. Joseph Catholic School 811 E. Oliver St., Owosso	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Sunday	7:30 pm	Sunday Togetherness Group AFG St. Thomas Aquinas Church 955 Alton Rd., East Lansing <i>(Enter door at back of church. Room is downstairs.)</i>	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Monday	12 pm	All in the Family AFG Crossroads Church 102 W. Cesar E Chavez, Lansing	Temporarily on Zoom Zoom ID: 781 8421 6083 Passcode: 942	Families and Friends Only. Newcomers Welcome.
Monday	6 pm	Journey of Hope AFG Alcohol Fellowship Hall 202 S. Cochran, Charlotte	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Monday	8 pm	Monday Night Freedom AFG St. Michael's Church 6500 Amwood Dr., Lansing <i>(Behind Target)</i>	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Tuesday	9 am	Tuesday Morning Topics AFG Alano Club South 3500 S. Cedar, Suite 106, Lansing <i>(Everett Plaza)</i>	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Tuesday	7 pm	Stepping Stones AFG St. Jude Church 801 N. Bridge St., Dewitt <i>(Drive to back of church &amp; enter patio/garden door)</i>	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Wednesday	10 am	Portland Area AFG Portland First Congregational Church 421 E. Bridge St., Portland <i>(Enter Fellowship Hall thru double doors on Smith St., turn right to small meeting room.)</i>	Face-to-Face	Families, Friends, Newcomers and Observers Welcome.
Wednesday	12 pm	Power Lunch AFG Haslett Community Church 1427 Haslett Rd., Haslett <i>(Kitchen dining area to right of entrance.)</i>	<b>*No longer Hybrid. Meeting Separately Face-to-Face OR Zoom</b> Zoom ID: 8701 0420 409 Passcode: 353676	Families and Friends Only. Newcomers Welcome.
Wednesday	6 pm	Hope & Freedom AFG Okemos Community Church 4730 Okemos Rd., Okemos	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Wednesday	7:30 pm	Caring and Sharing AFG First Congregational Church 210 W. Saginaw (M-43), Grand Ledge	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Thursday	12 pm	All in the Family AFG Crossroads Church 102 W. Cesar E Chavez, Lansing	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Thursday	6:30 pm	Grateful AFG Mason Sparrow Urgent Care 800 E. Columbia St., Mason	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Thursday	7:00 pm	ALATEEN Meeting Alano Club West (Room 2 West) 2909 W. Genesee, Lansing	Face-to-Face	For more information, contact Cristal C. at 517-614-8573 or Jen B. at 989-292-1394
Thursday	8 pm	Over the Horizon AFG Eastminster Presbyterian Church 1315 Abbot Rd., E. Lansing	Face-to-Face	Families and Friends Only. Newcomers Welcome.
Saturday	9:30 am	Saturday Morning AFG Sparrow Professional Building 2 <sup>nd</sup> Floor Conference Room B 1200 E Michigan, Lansing	Temporarily on Zoom due to hospital restrictions. ZOOM ID# 886 6112 8225 Passcode: 45419	Families, Friends, Newcomers and Observers Welcome.